

COVID-19

SAFE RETURN TO TRAINING

CLEANING GUIDE FOR CLUBS



The purpose of this document is to provide guidance to Club Staff, Members and Volunteers on how to prepare their training facility initially and to provide Information on hygiene guidelines for players and coaches to prevent of spread and transmission of COVID-19.

Cricket Clubs must ensure that facilities have been thoroughly disinfected, paying particular attention to frequent touch point including handrails, doorknobs and handles, water taps, toilet flushes, light switches, chairs and any gym or cricket equipment. It is best to use single-use cleaning products that can be disposed of after use.

What Products should be available at your Club.

- Disinfectant solution for dilution.
- Single use, alcohol-based cleaning wipes.
- Anti-microbial soap solution.
- Alcohol sanitising gels.
- Biohazard waste bags.
- Buckets for mixing disinfectant solution.
- Facilities for hand washing including hot water, hand washing basins and disposable paper towels.
- A range of cleaning clothes such as microfibre.
- Personal protective equipment including latex or nitrile gloves.

Clubs Responsibility, Initial Deep cleaning and Hygiene Maintenance

Clubs, working in collaboration with their appointed COVID-19 Safety Officer will be responsible for maintaining an appropriate stock of cleaning product and cleaning equipment.

Before any training resumes at your club, an initial 'deep clean' is recommended where as many surfaces of your clubhouse, training facility and Groundsman sheds and equipment are all disinfected as best as possible. Spraying of disinfectant solution with a pressure sprayer may save time here.

General Cleaning Guidance

- Start cleaning from cleanest areas and proceed towards dirtier areas. All surfaces that are frequently touched (e.g. door handles, armrests, table tops, light switches, water taps) need to be cleaned thoroughly and frequently.
- In areas where people touch the surfaces, the cleaning should be done if possible even more often e.g. between 2-4 hours especially while in use during the epidemic.
- Use an all-purpose, anti-microbial cleaning solution. The cleaning of sanitary facilities can be enhanced by using a disinfectant. Household bleach products may also be sufficient cleaning products
- Wear gloves to protect the hands when cleaning surfaces. Use tight-fitting disposable gloves, for example, as all-purpose gloves, or chemical resistant gloves.
- In particular, bins of bio- and mixed waste are coated with easily removable, leakproof bags in waste bins. Monitor waste bins and do not let them get more than three-quarters full. Waste bins are emptied daily, especially in public premises. The collected bin bags must be closed tightly.
- Carefully clean the equipment used in cleaning at the end of the cleaning process. Wash reusable cleaning cloths at a temperature of at least 90°C or in disinfectant. Clean down the cleaning equipment and the contact surfaces of the cleaner containers with the disinfecting multi-purpose cleaner/wipes.
- After cleaning, the permanent gloves must be carefully washed and dried. Disposable gloves are placed in mixed waste. Wash your hands up to your elbows with water and soap when the gloves are taken off.

Cleaning Procedures before, during and after training.

Should be the responsibility of the player and coach attending the training sessions

GET IN >>> TRAIN >>> GET OUT

BEFORE	DURING	AFTER
<ul style="list-style-type: none">● Report no symptoms before attendance● Arrive safely● Wash hands● Wipe down all personal kit and equipment with alcohol wipes● Wipe down all frequent touch points at training facilities including net entrances, stumps, cones, bowling machines and balls	<ul style="list-style-type: none">● Use only your own equipment wherever possible● Wash hands and wipe equipment if you come in to contact with anyone else's equipment eg. if you accidentally handle a ball● If using a towel, make sure it is you own and not shared. It is to stay in your zipped kit bag, brought out to use and then replaced straight back in the bag	<ul style="list-style-type: none">● Wipe down all personal equipment and touch points as before● Bowling machines to be wiped down with alcohol wipes● Bowling balls are to be soaked in a bucket of mixed disinfectant for at least 5 mins and then left to air dry● Cricket balls can be wiped with an alcohol wipe and left to dry● All wipes and single use cleaning products are to be disposed of in a biohazard bag or double bagged refuse sack.● Leave safely